

Don't worry about your kidneys when you can obtain 30 days treatment of Pineules for \$1.00. These little globules bring relief in the first dose. Backache, lumbago and rheumatism yield quickly. If not satisfied your money refunded. This is a fair offer you can't lose. Sold by E. T. Whitehead & Co.

A Southern editor expresses the opinion that Kermit Roosevelt inherited his modesty from his mother. Quite likely, since the father seems to have all his yet.—Washington Post.

Do you know that Pineules Carbolic acid acts like a poultice in drawing out inflammation and poison? It is antiseptic. For cuts, burns, eczema, cracked hands it is immediate relief. 25c. Sold by E. T. Whitehead & Co.

## PAIN

Pain in the head—pain anywhere, has its cause. Pain in the head is blood pressure—nothing else usually. At least, so says Dr. Shoop, and to prove it he has created a little pink tablet. This tablet—called Dr. Shoop's Headache Tablets—relieves blood pressure away from pain centers by affecting the brain, pleasantly, gently, and safely. It surely equalizes the blood circulation.

If you have a headache, it's blood pressure. It's a painful period with women, same cause. If you are sleepless, restless, nervous, it's blood congestion—blood pressure. That surely is a certainty, for Dr. Shoop's Headache Tablets stop it in 20 minutes, and the tablets simply distribute the blood pressure.

Brush your finger and doesn't it get red, and swell, and pain you? Of course it does. It's congestion, blood pressure. You find it where pain is always. It's simply common sense.

We sell at 25 cents, and cheerfully recommend

**Dr. Shoop's Headache Tablets**  
A. C. PETERSON.

**HUDSON'S English Kitchen,**  
On American and European Plan.  
Established 1890.

A nice Roast Beef Dinner for 25c.

Fish, Oysters and Crabs in season.  
We also have a few nicely furnished rooms for our patrons.  
347 Main Street, Norfolk, Va.

**Only \$8.98.**



The best hot timer ever offered for the price. Suitable also for doctors and nurses as well. Don't forget we carry a full line of other watches, jewelry, silverware and cut glass the year round.

**E. T. Whitehead & Company**  
H. W. NIXON, Mgr.  
Scotland Neck, North Carolina.



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In one of the strongest companies in America!

We will issue such a policy, paying your family \$1,000.00 in case of your death by accident, and \$750 per week in case of accidental injury, to everyone who sends us 3 paid yearly subscriptions to THE COTTON JOURNAL. This is the only representative cotton growers' paper, published weekly at Atlanta, Ga., price one dollar per year. Send in your subscription and that of one of your friends, and receive THE COTTON JOURNAL for one year, and the THOUSAND DOLLAR ACCIDENT POLICY, age limit 65 years. Pays \$1,000.00 for loss of life.

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I enclose..... for which send me THE COTTON JOURNAL for one year, and the Accident Insurance Policy for \$1,000.

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### POWER OF PLANTS.

Enormous Strength Exercised by Some Common Varieties.

(Selected.)  
The amount of water which a tree pumps out of the ground for its own use is simply enormous. The botanist Scott declares that a birch tree draws its own weight of water in a single spring. All this huge amount of fluid rises to the leaves and is given off by them into the air.

Some trees grow at a most astonishing pace. The bamboo holds the record. Even in an English hot-house a bamboo has been watched to grow at the rate of nearly a quarter of an inch an hour. In the West Indies a shoot has been measured to grow two feet in twenty-four hours.

Everyone must have noticed how a growing tree will burst a stone or brick wall however well mortared. An ash trunk has been known to raise a boulder weighing three-quarters of a ton. The strength of trees having hard, woody trunks is not so wonderful; what is surprising is the force which a soft vegetable can exert during its period of growth.

An experiment was made with a vegetable marrow. When the fruit was eighteen days old and twenty-seven inches in circumference, a lever was fixed over it with pads to prevent the rind of the fruit being damaged. Then weights were attached to the free end of the lever, and the power of the melon was measured by the weight which it lifted. Two days after the lever was fixed the melon was lifting sixty pounds and its strength increased rapidly from day to day until, upon the nineteenth day after the fruit was harnessed, it was lifting two tons and a quarter.

Even such humble growths as the fungi can do exercise a Samson-like strength. The ordinary cellar fungus will lift large slabs of stone flooring, and has been known to burst through an inch of solid asphalt. The record in fungus growth is held by the giant puff-ball, the lycoperdon, which, from a seed so small as to be invisible to the naked eye, reaches the size of a good big pumpkin in a single night. A full-grown lycoperdon contains, it is estimated, 96,000,000,000 cells, and sometimes grows at the rate of 50,000,000 cells a minute.

A peculiar and little known fact is that plants, when in full growth, are much warmer than the surrounding air. Stalks of growing bananas are sometimes as much as ten degrees warmer than the air, and a germinating cocoon showed a temperature of eighty-three degrees when the soil in which it was planted was at only fifty-seven degrees. Here we have the warmth of life, just as in animals.

Stomach troubles, Heart and Kidney ailments, can be quickly corrected with a prescription known to druggists everywhere as Dr. Shoop's Restorative. The prompt and surprising relief which this remedy immediately brings is entirely due to its Restorative action upon the controlling nerves of the Stomach etc. A weak stomach causing dyspepsia, a weak Heart with palpitation or intermittent pulse, always means weak Stomach nerves or weak Heart nerves. Strengthen these inside or controlling nerves with Dr. Shoop's Restorative and see how quickly these ailments disappear. Dr. Shoop's Restorative, Wis., will mail sample free. Write for them. A test will tell. Your health is certainly worth this simple trial. Sold by A. C. Peterson.

**A Confirmed Pessimist.**  
Miss Cheerie—Well, auntie, you're looking much improved today. Are you feeling better? Mrs. Kronick—No, I ain't no better. Mebbe I'm not so bad as I was, but I ain't a bit better.—Cleveland Leader.

The way to get rid of a cold, whether it be a "bad cold" or just a little one, is to get it out of your system through the bowels. Nearly all Cough Cures, especially those that contain opiates, are constipating. Kennedy's Laxative Cough Syrup contains no opiates and acts gently on the bowels. Pleasant to take. Sold by E. T. Whitehead & Co.

Knicker—Some say our present losses are only paper.  
Bocker—So are our bills.—New York Sun.

DeWitt's Carbolic Witch Hazel Salve is good for boils, burns, cuts, scalds and skin diseases. It is especially good for piles. Sold by E. T. Whitehead & Co.

When In Norfolk Stop at

## THE JORDAN ROOMING HOUSE,

Electric Lights and Bells in every room  
Large Airy Outside Rooms. . . .

Cor. Church and Holt Sts. Lodging 50c., 75c., \$1.00.

Special Rates by the Week. Cars to and from the Exposition and all Summer Resorts pass the door every ten minutes. Only three blocks from Main street, opposite the old historic St. Paul's Church.

**AMOS P. JORDAN, Proprietor.**

6-6-6m Southern States Phone 638.

### NAPOLEON'S OLD COAT.

Garment For Which He had a Sort of Superstitious Reverence.

(London P. T. O.)  
At the 13 Vendemiaire Napoleon was in such a state of poverty that his clothes were all torn and he did not own a sword. He had to borrow one, and the day following his success he had to get a quantity of cloth from the state to have a suitable uniform made. From this moment, however, he paid great attention to his toilet and took a certain pride in richly decorated clothes.

At Marengo he wore a uniform covered with gold embroidery, a uniform to which he attached a sort of superstitious reverence. When he went to Milan, for instance, to be crowned king of Italy he attended a review on the field of battle in the old fashioned and much tarnished suit he had worn on the memorable 18th of June, 1800.

He never parted with this old coat. He brought it with him to St. Helena, and when he was dead his companions put it over him. When Napoleon became consul he still took great care of his toilet, but he affected simplicity all the more, as he wished his generals and suit to be gorgeous in gold uniforms and plumed helmets.

It was then he took to wearing the gray redingote and the hat which, as well as the uniform, has been decreed to the Empress Eugenia. At first the hat was low crowned with a wide border, but little by little it got higher and higher until it became the hat every one knows. The hat was of long hairy felt, what haters called "castor franchise," and it had a lining of grayish green silk. Napoleon wore his hats for a long time and sent them to be repaired again and again.

### Disastrous Fire at Kellford.

(Rich Square Times.)  
The large store building and contents belonging to Mr. J. J. Brown were consumed by fire on Wednesday night last week. Also the post office building immediately west of the store was consumed. All the Post Office fixtures, property, and mail were rescued from the flames. The fire had such headway when it was first discovered in the store scarcely anything was saved of the stock of goods.

The fire was thought to have been the work of an incendiary. It is the general opinion that the store was robbed of what things that could be easily taken away, and was then set on fire to prevent detection. It is thought that the inside of the store was thoroughly coal-oiled to make the burning more rapid and sure. Blood hounds were brought here early Thursday morning, but they were unable to track the robbers. The house and stocks of goods were insured to near the amount of \$1,600. Mr. Brown is in feeble health, and has the sympathy of the entire community. The Post office was opened Thursday morning in the old hotel building opposite the fire.

### A HUMANE APPEAL.

A humane citizen of Richmond, Ind., Mr. U. D. Williams, 107 West Main St., says: "I appeal to all persons with weak lungs to take Dr. King's New Discovery, the only remedy that has helped me and fully comes up to the proprietor's recommendation." It saves more lives than all other throat and lung remedies put together. Used as a cough and cold cure the world over. Cures asthma, bronchitis, croup, whooping cough, quinsy, hoarseness, and phthisis, stops hemorrhages of the lungs and builds them up. Guaranteed at E. T. Whitehead & Co.'s drug store, 50c. and \$1.00. Trial bottle free.

### An Interested Couple.

(Clips.)  
If there is anything in this world more anxious than the look on the face of a bachelor who has been beguiled into holding the baby, it is the look on the face of the baby's mother eagerly watching him as he does it.

There are a great many people who have slight attacks of indigestion and dyspepsia nearly all the time. Their food may satisfy the appetite but it fails to nourish the body simply because the stomach is not in fit condition to do the work it is supposed to do. It can't digest what you eat. The stomach should be given help. You ought to take something that will do the work your stomach can't do. Kodol for Indigestion and Dyspepsia, a combination of natural digestants and vegetable acids, digests the food itself and gives strength and health to the stomach. Pleasant to take. Sold by E. T. Whitehead & Co.

### REUNION AFTER 25 YEARS.

Brothers Meet in Hospital, Where Each Went With an Injury.

(Selected.)  
Philadelphia Pa.—Separated for 25 years, during which time they had not even seen a picture of each other, two brothers both seeking treatment at St. Mary's Hospital, had an affectionate reunion. William Reuter, who is 52 years old and lives at Hope and Dauphin streets, sustained an injury to his hand while at work at a machine shop a few days ago, and when his sufferings did not cease he went to the hospital for treatment. As his hand was being dressed, a man who gave his name as Samuel Reuter, 39 years old, of New York, entered the hospital and asked to have his foot, which he injured in stepping from a Girard avenue car, receive the attention of the surgeon.

"That man over there must be a relative. His name is the same," suggested an orderly to the New Yorker. Samuel Reuter recognized in William Reuter, who so strongly resembled his father, his long-lost brother. They went home together to William Reuter's house for the celebration of the reunion.

According to the stories told by the two men they had lived in Boston, and the younger left home to travel with a circus, visiting principal cities in this and other countries. The family removed to this city and were never reunited. Samuel came to this city last week to play an engagement with a stock company at a Kensington playhouse, not knowing that his brother lived in this city.

### Sunday Morn.

(Newbern Sun.)  
No work today. It is a rest day by law both human and divine. Do we appreciate it as such? And how shall we spend it?

If you have been busy at work the past week you have earned a rest. Today furnishes the opportunity. If you have not been at work you have a good chance to ask yourself why and resolve to get busy the coming week. Has your conduct been such that the record of it would make a pleasant chapter to spread out for Sunday reading? Have you stopped in your mad rush after dollars to speak a word of cheer and comfort to a struggling and weary pilgrim along the way? Have you put out your strong arm to lend support to a tottering and despondent fellow pilgrim? Have you thought to whisper sweet and comforting words to sad hearts, that are bleeding for sympathy and love? Have you once thought of the golden rule, and sought the blessings that follow its conscientious observance?

It is a good thing to meditate on these and similar thoughts, and to resolve to cut the bonds of selfishness that blind you, to turn away from the influence of corroding and cankering things, to take your heart and soul out where the light is bright, the atmosphere free and pure, and where the birds sing and the flowers bloom.

### HEALTH IN THE CANAL ZONE.

The high wages paid make it a mighty temptation to our young artisans to join the force of skilled workmen needed to construct the Panama Canal. Many are restrained however by the fear of fever and malaria. It is the knowing ones—those who have used Electric Bitters, who go there without this fear, well knowing they are safe from malarious influence with Electric Bitters on hand. Cures blood poison too, biliousness, weakness and all stomach, liver and kidney troubles. Guaranteed by E. T. Whitehead & Co., druggists. 50c.

### "Leaves."

(Marcus Aurelius.)  
To him who is penetrated by true principles even the briefest precept is sufficient, and common precept, to remind him that he should be free from grief and fear. For example, says Homer:  
"Leaves—some the wind scatters on ground—  
So is the race of men."  
Leaves are also thy children, and leaves, too, are they who cry out as if they were worthy of credit and bestow their praise or, on the contrary, curse or secretly blame and sneer, and leaves in like manner are those who shall receive and transmit a man's fame to aftertimes, for all such things as these "are produced in the season of springs," as the poet says. Then the forest produces other leaves in their places. But a brief existence is common to all things, and yet thou avoidest and pursuest all things as if they would be eternal. A little time, and thou shalt close thy eyes, and him who has attended thee to thy grave another soon will lament.

To check a cold quickly get from your druggists some little Candy Cold Tablets called Preventives. Druggists everywhere are now dispensing Preventives, for they are not only safe, but decidedly certain and prompt. Preventives contain no Quinine, no laxative, nothing harsh nor sickening. Taken at the "sneeze stages" Preventives will prevent Pneumonia, Bronchitis, La-Grippe, etc. Hence the name, Preventives. Good for feverish children. 48 Preventives 25 cents. Trial boxes 5 cts. Sold by A. C. Peterson.

### Ex-Negro Politician a Farmer and Pleased With His Job.

(Stateville Landmark.)

In the days of negro suffrage in this State Abe Middleton, a negro politician of Duplin county, was a State issue. He was prominent in Republican politics and was an assistant doorkeeper in the Legislature in fusion days. On this account he figured much in the speeches of Democratic orators. At the defeat of fusionists and the elimination of negro suffrage Abe dropped out of the public eye. Last week at a meeting of colored Old Fellows in Salisbury Abe Middleton was an attendant and some of the white people who knew him questioned him about his present condition. In reply he said:

"I have been in politics most of my life. I was first a voter and a worker in my own township, then a committeeman from my precinct, rose to county committeeman, then congressional committeeman and finally a member of the State executive committee. Since we went out of politics, I have had more satisfaction, have made money and enjoyed greater happiness than I ever did before. I wouldn't exchange my life now for ten political lives. I have a farm of 215 acres, work it with my own labor and am making money. There is no race problem in my neighborhood and I wouldn't swap off my white friends there for all the white people anywhere else."

To cure a cold first move the bowels. Bee's Laxative Cough Syrup acts gently on the bowels, drives out the cold, clears the head. It's pleasant to take and mothers highly recommend it for colds, croup and whooping cough. Guaranteed to give satisfaction or money refunded. Equally good for young and old. Sold by E. T. Whitehead & Co.

### A Change.

"John, said Mrs. Spenders, "I've got lots of things I want to talk to you about."  
"Glad to hear it, snapped her husband, "usually you want to talk to me about lots of things that you got."—Exchange.

It is claimed that indigestion is the National disease. That's why the demand for Rings Dyspepsia Tablets keeps increasing because they do the work. Stomach trouble, dyspepsia, indigestion, bloating, etc., yield quickly. Two days treatment free. Ask your druggist about them. Sold by E. T. Whitehead & Co.

Vulgar Millionaire—Yes, I assure you, these birds cost me three dollars each. Have some more, Spooner?  
Spooner (handing in his plate)—Yes, thanks; please give me about fifty cents' worth.—Puck.

### THE TOUCH THAT HEALS.

Is the touch of Bucklen's Arnica Salve. It's the happiest combination of Arnica flowers and healing balsams ever compounded. No matter how old the sore or ulcer is, this salve will cure it. For burns, scalds, cuts, wounds or piles, it's an absolute cure. Guaranteed by E. T. Whitehead & Co., druggists. 25c.

Mrs. Jones.—Now, Mr. Bachelor, I want you to suggest a name for the baby. Mr. Bachelor—Suppose you call her "The White Squall."—London Telegraph.

It is a well known fact that persons living in pine forests do not suffer from kidney diseases. One dose of Pineules at night usually relieves backache. 30 days treatment for \$1.00. Your money refunded if not satisfied. Sold by E. T. Whitehead & Co.

"Tis one touch of love that makes the whole world soft."

## PINEULES

30 DAYS' TREATMENT FOR \$1.00  
Satisfaction guaranteed or money refunded.

FOR ALL KIDNEY BLADDER TROUBLE, RHEUMATISM AND LUMBAGO

A dose at bed time usually relieves the most severe case before morning.

## BACK-ACHE

PINEULE MEDICINE CO.  
CHICAGO, U. S. A.  
Sold by E. T. Whitehead & Co.

**Kennedy's Laxative Cough Syrup**  
CONTAINS HONEY AND TAR  
Relieves Colds by working them out of the system through a copious and healthy action of the bowels.  
Relieves Coughs by cleansing the mucous membranes of the throat, chest and bronchial tubes.  
"As pleasant to the taste as Maple Sugar"

**Children Like It**  
For sale by E. T. Whitehead & Co.

## Pale, Thin, Nervous?

Then your blood must be in a very bad condition. You certainly know what to take, then take it—Ayer's Sarsaparilla. If you doubt, then consult your doctor. We know what he will say about this grand old family medicine.

This is the first question your doctor would ask: "Are your bowels regular?" He knows that daily action of the bowels is absolutely essential to recovery. Keep your liver active and your bowels regular by taking Ayer's Sarsaparilla.

Made by J. C. Ayer & Co., Lowell, Mass. Sole manufacturers of  
**Ayer's**  
HAIR VIGOR, ACUTE CURE, CHEEZY FACTORY.  
We have no secrets! We publish the formulae of all our medicines.



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You need a good Pocket Knife

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EVERY new Cash Subscriber gets a Knife Free. Every Old Subscriber who pays up all arrears and pays One Dollar in advance also gets a Knife Free. This good and serviceable pocket knife is made by the manufacturers of the famous "Griffon" Cutlery. It is warranted by the manufacturers free from flaws and of a temper to take and hold a good cutting edge. This is an opportunity you do not want to miss. We make this remarkable offer in order to enlarge the circulation of The Commonwealth. The number of these premiums is limited, so if you want one of these good knives, better get it at once.

Call at this office and get one of these knives, or address a letter with the money and two cents to pay postage to

**The Commonwealth,**  
Scotland Neck, North Carolina.

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## Jamestown Exposition.

Rates from Scotland Neck as follows:  
Season Ticket \$4.50 sold daily April 19th to November 30th.  
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Ten Day Ticket \$3.00 sold daily April 19th to November 30th.  
Coach Excursion \$2.00 sold each Tuesday and Friday; limit 7 days. Endorsed:  
"Not Good in Parlor or Sleeping Cars."  
Through Pullman Sleeping Cars from Port Tampa and Jacksonville, Florida, Atlanta and Augusta, Georgia, Wilmington, North Carolina, via ATLANTIC COAST LINE RAILROAD COMPANY.

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Do You Know What It Does?  
It relieves a person of all desire for strong drink or drugs, restores his nervous system to its normal condition, and reinstates a man to his home and business. Correspondence confidential. . . .  
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